

My Power Growth Record

Please circle each day you complete and then check the box of each study you finish.
23.11.15

GETTING ACQUAINTED COURSES

Special Features Of HELP eMagazine:

Study 1 - The Benefits
Day: 1 2 3 4 5

Study 2 - The Introduction
Wk1: 1 2 3 4 5 Wk2: 1 2 3 4 5

DISCOVERY COURSES

NOTE: In the blank space, write “Problem” for “Finding The Right Problem,” and “Spirituality” for “Finding The Right Spiritual Issue.” “Finding The Right Problem” is four days and “Finding The Right Spiritual Issue” is two weeks.

Discovering The Solutions:

Study 1 - Finding The Right _____
Day: 1 2 3 4

Study 3 – Finding The Right Method
Wk1: 1 2 3 4 5 Wk2: 1 2 3 4 5

Wk1: 1 2 3 4 5 Wk2: 1 2 3 4 5

Study 4 – Finding The Right Spiritual Training
Wk1: 1 2 3 4 5 Wk2: 1 2 3 4 5

Study 2 - Finding The Right Relationship
Wk1: 1 2 3 4 5 Wk2: 1 2 3 4 5

PROGRESS COURSES

Getting HELP With A Life Problem:

Study 1 - Understanding The Problem
Wk1: 1 2 3 4 5 Wk2: 1 2 3 4 5

Study 3 - Understanding The Solution 2
Wk1: 1 2 3 4 5 Wk2: 1 2 3 4 5

Study 2 - Understanding The Solution 1
Wk1: 1 2 3 4 5 Wk2: 1 2 3 4 5

Study 4 - Understanding Jesus’ Help
Wk1: 1 2 3 4 5 Wk2: 1 2 3 4 5

POWER COURSES

Learning About The Power-Life:

Study 1 - The Importance Of The Power-Life
Wk1: 1 2 3 4 5 Wk2: 1 2 3 4 5

How To Get, Keep, Live, and Mature:

Study 4 - How To Get The Power-Life
Wk1: 1 2 3 4 5 Wk2: 1 2 3 4 5

Study 2 - The Importance Of Eternal Life
Wk1: 1 2 3 4 5 Wk2: 1 2 3 4 5

Study 5 - How To Keep The Power-Life
Wk1: 1 2 3 4 5 Wk2: 1 2 3 4 5

Study 3 - From Power-Life To Eternal Life
Wk1: 1 2 3 4 5 Wk2: 1 2 3 4 5

Study 6 - How To Live The Power-Life
Wk1: 1 2 3 4 5 Wk2: 1 2 3 4 5

Study 7 - How To Mature In The Power-Life
Wk1: 1 2 3 4 5 Wk2: 1 2 3 4 5

PRAYER COURSES

Developing Prayer Methods:

- Study 1 - Lord's Prayer For Getting Salvation
Wk1: 1 2 3 4 5 Wk2: 1 2 3 4 5
- Study 2 - Lord's Prayer For New Christians
Wk1: 1 2 3 4 5 Wk2: 1 2 3 4 5
- Study 3 - Lord's Prayer For Sinning Christians
Wk1: 1 2 3 4 5 Wk2: 1 2 3 4 5
- Study 4 - Lord's Prayer For Mature Christians
Wk1: 1 2 3 4 5 Wk2: 1 2 3 4 5

RESOURCE COURSES

Resources Available To You:

- Lord's Prayer For Providing Salvation
Wk1: 1 2 3 4 5 Wk2: 1 2 3 4 5
- Praying The Psalms
Wk1: 1 2 3 4 5 Wk2: 1 2 3 4 5
- Christian Fellowship
Wk1: 1 2 3 4 5 Wk2: 1 2 3 4 5
- Developing Friendships
Wk1: 1 2 3 4 5 Wk2: 1 2 3 4 5

STRATEGY COURSES

Victorious Living Introductions:

- Study 1 - Introduction Part 1
Wk1: 1 2 3 4 5 Wk2: 1 2 3 4 5
- Study 2 - Introduction Part 2
Wk1: 1 2 3 4 5 Wk2: 1 2 3 4 5
- Study 3 - Introduction Part 3
Wk1: 1 2 3 4 5 Wk2: 1 2 3 4 5

SUBMISSION COURSES

Victorious Living Through Submission Part 1:

- Study 1 - Controlling Your Emotions
Wk1: 1 2 3 4 5 Wk2: 1 2 3 4 5
- Study 2 - Training Your Body
Wk1: 1 2 3 4 5 Wk2: 1 2 3 4 5
- Study 3 - Improving Your Attitudes
Wk1: 1 2 3 4 5 Wk2: 1 2 3 4 5

Victorious Living Through Submission Part 2:

- Study 4 - Redirecting Your Will-Power
Wk1: 1 2 3 4 5 Wk2: 1 2 3 4 5
- Study 5 - Empowering Your Mind
Wk1: 1 2 3 4 5 Wk2: 1 2 3 4 5
- Study 6 - Guiding Your Choices
Wk1: 1 2 3 4 5 Wk2: 1 2 3 4 5
- Study 7 - Having A Victorious Life
Wk1: 1 2 3 4 5 Wk2: 1 2 3 4 5

RESISTANCE COURSES

Victorious Living Through Resistance Part 1:

- Study 1 - Change Through Creation
Wk1: 1 2 3 4 5 Wk2: 1 2 3 4 5
- Study 2 - Results Through Faith
Wk1: 1 2 3 4 5 Wk2: 1 2 3 4 5
- Study 3 - Winning Through Trust
Wk1: 1 2 3 4 5 Wk2: 1 2 3 4 5

Victorious Living Through Resistance Part 2:

- Study 4 - Stability Through Commitment
Wk1: 1 2 3 4 5 Wk2: 1 2 3 4 5
- Study 5 - Wisdom Through Truth
Wk1: 1 2 3 4 5 Wk2: 1 2 3 4 5
- Study 6 - Sincerity Through Love
Wk1: 1 2 3 4 5 Wk2: 1 2 3 4 5
- Study 7 - Living Through Renewal
Wk1: 1 2 3 4 5 Wk2: 1 2 3 4 5

PURIFICATION COURSES

Victorious Living Through Purification:

- Study 1 - Purification Through Exposure
Day: 1 2 3 4 5
- Study 2 - Purification Through Transparency
Day: 1 2 3 4 5

PREVENTION COURSES

Victorious Living Through Prevention Part 1:

- Study 1 - The Full Armor Of God
Day: 1 2 3 4 5
- Study 2 - The Belt Of Truth
Day: 1 2 3 4 5
- Study 3 - The Breast Plate Of Righteousness
Day: 1 2 3 4 5

Victorious Living Through Prevention Part 2:

- Study 4 - Shoes Of The Gospel Of Peace
Day: 1 2 3 4 5
- Study 5 - The Shield Of Faith
Day: 1 2 3 4 5
- Study 6 - The Helmet Of Salvation
Day: 1 2 3 4 5
- Study 7 - The Sword Of The Spirit
Day: 1 2 3 4 5

PROTECTING COURSES

Sharing Victorious Living:

- Study 1 - Protection For Others
Day: 1 2 3 4 5
- Study 2 - Protection Through Relationship
Day: 1 2 3 4 5
- Study 3 - Protection Through Jesus
Day: 1 2 3 4 5
- Study 4 - Protection Through Love
Day: 1 2 3 4 5

Setting Up Your Browser

If you want to set up your browser for tomorrow's study select the sentence below.

As you complete each day's studies, you will see the above comment. You can dedicate a browser or browser page to your studies. You would simply select the sentence at the bottom of the page and keep it open for the next day. If you use a different browser, you will have less problems keeping the page open.

Before You Leave A Study

The best way to keep your place in your studies is to devote a browser or browser page to your studies. However, if that isn't possible or you lose your browser page, your "My Power Growth Record" will help you get back there. Your Record Sheet should be filled out before you leave your study for the day. WHILE YOU ARE STILL LOOKING at that day's page two, you will have the "Study Information" at the top of the page and at the right of the picture.

On the website, if you are studying the "Getting Acquainted Courses," and you completed your first day of the week in the "HELP Benefits" study, the top of the web page will say: "HELP Benefits." And the Study Information to the right of the picture will say: "Getting Acquainted Courses This is your first day of this week. You are on page two of two pages. On your record sheet, below the words, "My Power Growth Record," you would go to the "Getting Acquainted Courses, Study 1 - The Benefits" and circle 1 on the Day line. You would then be ready to follow the instructions below for getting back to your studies the next day.

Getting Back To A Study

Once you have started your studies, you will be able to use the Shortcut Bar to get to your "My Life Map" page so you will be able to return to your studies.

1. Just go to wctlc.com and select "I am a regular participant of wctlc."
2. On the next page, select the HELP button at the top of WCTLC's Home Page.
3. Go to the gray Shortcut Box at the bottom of HELP eMagazine's Home Page.
4. Select the HELP Subject word that represents the problem you have chosen to get help with.
NOTE: If you are in the "Getting Acquainted Courses" or the "Discovery Courses," you haven't picked a problem yet. Just select the "Life" word for those studies.
5. Then on your "My Life Map" page scroll down to the name of the Study Courses you are looking at. Below it there will be a list of the courses in that study. Select the one you want to look at next.
6. Select week one or two, if offered, then select the day you are ready to go to next. You will have two pages to study or one page of study and one page of prayers; and, then you will be ready to either keep your browser page open and fill out your "My Power Growth Record," or fill out your "My Power Growth Record," close your browser, and follow the above six steps tomorrow.

It will only take a few times of going through these six steps and you will be doing it automatically. It is very easy to see how it all works, as you quickly get used to it.